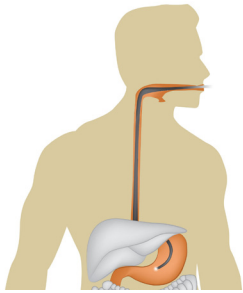


ENDOSCOPY PM Procedure

Please read these instructions carefully at least one week prior to your exam.



Endoscopy procedures are the best means to find the cause of problems such as abdominal pain, heartburn, swallowing problems, or bleeding in the GI tract. The endoscope used by the doctor contains a light and a tiny camera at the end, and enables small tools to be passed through a channel to take tissue samples, remove polyps, and perform therapeutic procedures.

Procedures are conducted with sedation and a local anesthetic to keep patients comfortable. The following instructions are intended to maximize the ease, safety, and success of your endoscopy.



Your medicine regimen may need to be modified, for your procedure. For your safety and health it is extremely important that you read the section below and let our office know whether you take any of the listed medications.

A physician's order is required before any prescribed medication is held, modified or discontinued in order to ensure your safety!

- Use breathing inhalers and take prescribed blood pressure, heart, anxiety, and depression medications on the morning of the exam, or your procedure may have to be canceled!
- Diabetic medications require modification by a physician to prevent low sugar reactions or unacceptable high glucose readings.
- Aspirin therapy may be continued for procedures.
- Discontinue Lovenox 12 hours before procedure.
- NSAIDs including Ibuprofen (Advil, Motrin), Naproxen (Aleve), Meloxicam (Mobic), Excedrin, and Goody & BC powders should be discontinued if possible, for five days prior to procedure.

Certain medicines can cause bleeding problems.

Let our office know as soon as possible if you take any medications such as those listed to the right.

Do **NOT** stop taking medications without a specific physician order to do so.

Examples include but are not limited to:

ANTIPLATELET AGENTS:

- Dipyridamole (Aggrenox[®], Persantine[®])
- Thienopyridines
 - ✓ Clopidogrel (Plavix[®])
 - ✓ Prasugrel (Effient[®])
 - ✓ Ticlopidine (Ticlid[®])
 - ✓ Ticagrelor (Brilinta[®])

ANTICOAGULANTS:

- Warfarin (Coumadin[®], Jantoven[®])
- Fondaparinux (Arixtra[®])
- Direct factor Xa inhibitors
 - ✓ Rivaroxaban (Xarelto[®])
 - ✓ Apixiban (Eliquis[®])
 - ✓ Edoxaban (Lixiana[®], Savaysa[®])
 - ✓ Betrixaban (Bevyxxa[®])
- Direct thrombin inhibitors
 - ✓ Dabigatran (Pradaxa[®])
 - ✓ Desirudin (Iprivask[®])

OTHER:

- Pentosan polysulfate (Elmiron[®])

DAY OF PROCEDURE

- **No food after midnight** on the day before your exam. You may have clear liquids until 9:00AM on the day of your exam. Drinking too closely to the procedure may make it necessary to cancel the exam.
- **Take blood pressure medications** and those directed by your physician on the morning of your procedure.
- **NO SMOKING** for 24 hours prior to your procedure.
- **Bring a driver.** You will receive intravenous medicine to sedate you. Therefore, your exam WILL NOT be done unless you bring an ADULT companion 18 or older to drive you home. Your companion must stay at the facility during entire procedure. You will not be able to drive the remainder of the day.